

Black History Month

Time to Level Up

1

Exposure - watching and listening to raise your and your children's understanding of who Black people are; stepping outside of your own experiences to learn about new ideas, narratives, and perspectives.

2

Engagement - participating in acts that push back against the negative stereotypes and tropes placed on Black people and Black culture

3

Understanding - realizing the systematic barriers that have and still prevent Black people from full access, while realizing the long history of joy, beauty, and innovation that developed in response to these challenges

4

Alignment - seeing the Black struggle for liberation tied to your understanding of justice and how your own justice is and is not realized in the United States

5

Impact - engaging in acts that, actively move to assist in the liberation of Black people everywhere

We encourage you to use this resource but we ask that you please site @MomOfAllCapes (Amber Coleman-Mortley) when you reshare. Part of equity and breaking cycles of injustice is siting people and honoring their work. This month, go out of your way to find Black scholars, thought-leaders, and creatives to elevate, bring in on consulting opportunities, and to assist with the important work of rebuilding our democratic spaces.